

## **Nutrition, Health & Wellness**

Health and Human Sciences Degree Path - Catalog 2013-2014

Learning Today, Leading T		
Fall 1	Credits	Success Marker
ENGL 103	3	
COMS 100	3	
Gen Ed: Humanities (VPA)	3	
Math 210	3	
EPFE 201	3	
UNIV 101	1	
Total hours	16	
Notes/Comments:		

Spring 1	Credits	Success Marker
ENGL 104	3	
Gen Ed: Humanities (LAS)	3	
CHEM 110	1	
CHEM 111	3	
STAT 208 or 301	3-4	
PSYC 102	3	
Total hours	16-17	

Summer 1	Credits	Success Marker
Total hours	0	
Notes/Comments: 1. Take sanitation certification course needed as a PRQ to		

FCNS 200A. 2. Work on 100 hours of food service experience and take CPR/FA

Fall 2	Credits	Success Marker
BIOS 103 and 105	4	
SOCI 170 or ANTH 120	3	
Gen Ed: Humanities	3	
Gen Ed or Elective	3	
ECON 260	3	
Total hours	16	

Spring 2	Credits	Success Ma
CHEM 230	3	
Gen Ed or Elective	3	
Gen Ed or Elective	3	
BIOS 357	5	
Total hours	14	

Summer 1	Credits	Success Marker
Total hours	0	
Notes/Comments: 1. Take Food Service Sanitation Certification Exam, if not previously completed. 2. Work on 100 hours of food service needed for FCNS 320		

Fall 3	Credits	Success Marker
FCNS 309	3	•C or better
FCNS 498	1	
MGMT 333	3	
FCNS 200A	3	•C or better
FCNS 200B	2	•C or better
BIOS 213	3	
Total hours	15	
Notes/Comments: Complete CPR & First Aid certification		

Spring 3	Credits	Success Marker
FCNS 310	3	•C or better
CHEM 370	3	
FCNS 320	4	
Elective or AHCD 318	3	
Upper level elective, minor or other	3	
Total hours	16	
Notes/Comments:		

Summer 3	Credits	Success Marker
Total hours	0	Continue with work experience in the nutrition field
Fall 4	Credits	Success Marker
FCNS 409	3	•C or better
FCNS 415	3	•C or better
Upper level elective, minor or other	3	Attend Orientation for Dietetic Internship and apply (Feb)
Upper level elective, minor or other	3	
Upper level elective, minor or other	3	<ul> <li>Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)</li> </ul>
Total hours	15	
Notes/Comments: After fall 2011, FCNS 420 will be offered in the spring		

semester only

Spring 4	Credits	Success Marker
FCNS 410	3	Apply to Dietetic Internship Programs
FCNS 416, 306, 316, or 427 <sup>1</sup>	3	Meet all degree requirements based on courses in progress.
FCNS 420	3	
Upper level elective, minor or other	3	
Total hours	12	
Notes/Comments: Take FCNS 416 if seeking DPD verification		

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.